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State the Goal
Set the Deadline
Identify the Obstacles
Identify the People, Groups, and Organizations that can assist
List the Benefits to achieving the goal
List the Skills you need to acquire to attain the goal
Develop a plan

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Based on Zig Ziglars "Goals: Setting & Achieving Them"

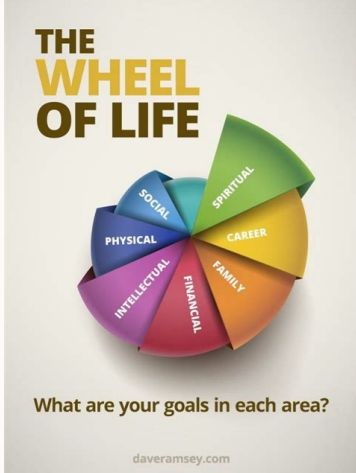
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<b>GOALS WORKSHEET</b>			
Write a goal that you want to achieve.	How much money do you still need to reach this goal?	How many months from now do you want this goal achieved?	This is how much you should save each month for this goal.

If you can't fund all of your goals, then decide which goals to prioritize.  
 Focus on saving toward your most urgent or important goals.  
 When you meet a goal, start saving toward your next important goals.



# THE ZIGLAR GOAL SETTING SYSTEM

## GOAL PLANNING SHEETS AND STEP-BY-STEP PROCEDURES FOR SETTING AND REACHING YOUR GOALS

The Chinese say that the journey of a thousand leagues begins with a single step. Commit yourself to take these goal-setting steps NOW.

**BAD NEWS:** To properly set your goals you will need to invest a minimum of ten hours and possibly as many as twenty hours. That's one of the reasons only 3% of the population have clearly defined their objectives in life.

**GOOD NEWS:** By following these procedures and working on your goals every day, you will have several extra hours each week to pursue your own business, family and personal interests. Just remember, "When you do the things you need to do, when you need to do them, the day will come when you can do the things you want to do, when you want to do them."

**MORE GOOD NEWS:** When you learn the formula for setting one goal, you will know how to set all goals, whether it is a physical, mental, spiritual, social, family, career, recreational or financial goal.

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Zig zlglar goal setting worksheet pdf.

There are 20 coins on this printable sheet, which serve as the tracker for your savings. In case you're wondering why it's necessary to have goals and track them, here are the main reasons they're important. What goals take at least a year to accomplish? This tracker is just the right size for inserting into a bullet journal. It has room for you to write up to six main goals. Whether you're saving up for a new gadget or a trip, you have a higher chance of reaching that amount quickly if you have a goal tracker. 5. 3. The key features of this tracker include boxes where you can state what your goals are, specify why you want to achieve them, and identify the reward you'll get for achieving them. Not sure what a good goal is? Head over to this post and see 100 examples of life goals for inspiration. Speaking of rewards, one of the ways to keep your motivation up when pursuing goals is the idea of getting a nice reward once you've achieved what you have set out to do. You might want to check out this post for over 150 suggestions on ways to reward yourself for completing goals or tasks. Financial Goal Tracker via Penny for Your Dreams This savings goal tracker helps motivate you to reach your money goals more quickly. Use this neurological phenomenon to your advantage and set your goals down on paper. Use printables (like the ones featured below) to track the progress of your goals and see what you need to revise or improve on in order to arrive at the intended result. Please do your own research before making any online purchase. Write down your goals. Goals motivate you. When you have goals, you tend to see the bigger picture. All you have to do is determine the amount of money you want to save, then divide that by 20. When you download this printable set, you'll get the following: Weekly goal sheet (where you can break down your main goal into three major focuses)Daily goal sheet (where you can break down the three main focuses into a maximum of three action items each)End-of-week review (where you can reflect on which actions brought you closer to your goals, and which didn't) 6. Several studies have shown that writing down your goals increases the likelihood that you will be able to achieve them. In order to achieve what you want, you become more resourceful and creative. If so, we've got you covered. It has an eye-catching design and comes with checkboxes for every day of the week (for seven weeks). When you download this set of printables, you'll get the following: Brain dump sheet, for writing down every possible personal goal you have (even the craziest ones)Goal planner sheet, where you can identify possible obstacles, and any major actions you need to take in order to attain your goalsGoal timeline sheet for long-, mid-, and short-term goalsGoal milestones sheetWeekly planner This goal guide works best for those who have a number of goals that they want to keep track of. That way, you'll have a greater chance of achieving it. This tracker comes in two versions. Specify your goals. Editable and Printable Goal Tracker via Say Not Sweet Anne If you need a weekly goal tracker, consider the example above. 6. However, if you apply goal-setting principles, this dream can become an attainable goal! This printable worksheet gives you the necessary information to set your financial goals. As an Amazon Associate we earn from qualifying purchases. Boss Babe Printable Goal Planner via Searching For Better This goal planner helps you break down a big goal into manageable parts. Short- and Long-Term Goal-Setting Guide via Moritz Fine Designs This goal guide was designed to make personal goal-setting as painless as possible. In this post, we've rounded up 13 free goal-setting printables that help define your goals and provide a means of tracking them. Lastly, there is ample space where you can write down some notes. Goal-Setting Printable Set via Scattered Squirrel This printable goal-setting template is designed for both long- and short-term goals. This is an ideal resource for those looking for both a goal planner and tracker. Financial Goals Worksheet via My Frugal Home Being financially secure is a dream for many people. (Side note: One of the best ways to get what you want from life is to create and set SMART goals. 100% Challenge via The 1-1 Diet This tracker was designed to monitor your weight loss goals. Final Words About Goal Setting Goal setting becomes more effective when you have the right tools. Printable for Short-Term Goal Tracking via The Project Girl If you need a tracker for your short-term goals, give this printable template a try. 7 Areas of Life Goal Worksheet via Wisegods This goal worksheet includes a list of short-, mid-, and long-term goals in the following areas of a person's life: SocialFamilyHealthCareerFinancialLearningCharacter Once the goals for each area have been defined, you can then create action plans for achieving them. There is also sufficient space for writing your strategy for achieving your goal, and there are columns for tracking mini-goals and rewards. 2. 13 Free Goal-Setting and Tracking Printables 1. You consciously shape every action to lead to your desired outcome. 30-Day Goal Tracker via I Heart Planners While the two previous trackers allow you to track only one habit per page, this tracker lets you monitor up to 10 goals per page. Near the bottom of the page is a review section where you can reflect on the actions you took in order to accomplish your goal. You mark each box for every day that you accomplish the tasks or routines required to reach what you want to achieve. One comes with motivational quotes to get you going, and the other is blank so you can choose to decorate it and include your personal favorite motivational quotes. Goals have the ability to transform your outlook and help you see all of the possibilities. Some examples that come to mind include: Becoming conversant in a foreign languageReaching and maintaining a certain weightPaying off debtStarting a retirement fund 13. To get started, check out this FREE printable worksheet and a step-by-step process that will help you set effective SMART goals.) The Importance of Goal Setting Goals provide focus. If you don't set the right goals, your time, energy, and effort are often used up in activities that have no long-term significance. How to Make Goal-Setting Work Regardless of what type of goal you're working toward, there are three main ways to ensure that goal-setting will bring you the outcome you want. When you have goals, you focus more of your personal resources towards something meaningful. It has the names of the months on the left-hand side of the page, followed by a number of checkboxes corresponding to the number of days for that month. This goal planner sheet is used for identifying your goals. Furthermore, you can keep track of your action steps, as well as the dates you accomplish each one. This is a great way to identify which actions worked and which didn't. Bujo Style Goal Tracker via Mom Envy Let this goal tracker motivate you to reach your goals. Just like the tracker above, it has 30 checkboxes representing each day of a one-month period. It provides ample space for writing down clear descriptions of your goals, the target amount of each goal, dates, and the amount you need to set aside for a given period in order to reach the goal. 12. It has something to do with how your brain better recalls materials that you yourself have created. You can see if your efforts are bringing you closer to your objectives, or if there is a need for some improvement. Creative Goal Setting Workbook Arta vnzari - Zig Ziglar Grandes Secretos de Zig Ziglar Quotes About Goal Setting Zig Ziglar - Success Qualities List Goal-Setting-Workbook.pdf Zig Ziglar - Atitudinea face diferenta.docx Zig Ziglar - Nos Veremos en La Cumbre.pdf Goal setting,plan ur life Goal-Setting-101 Gary-Ryan-Blair.pdf Zig Ziglar - Az vagy amire gondolsz.pdf Zig Ziglar - Motive Pentru a Zambi One Year Goal Setting Worksheet Review of Goal Setting Theory Ventas (Zig Ziglar) [Poderoso Conocimiento].pdf Zig Ziglar - Motive Pentru a Zambi Zig Ziglar - Nos Veremos en La Cumbre.pdf Zig Ziglar - Motive Pentru a Zambi El Tesoro de Las Frases Zig Ziglar Zig Ziglar Vidimo Se Na Vrh El Tesoro de Las Frases Zig Ziglar 2017-Goal-Setting-and-Action-Workbook.pdf State the Goal Set the Deadline Identify the Obstacles Identify the People, Groups, and Organizations that can assist List the Benefits to achieving the goal List the Skills you need to acquire to attain the goal Develop a plan zig zlglar goal worksheet.doc Based on Zig Zlglar "Goals: Setting & Achieving Them" 0 ratings0% found this document useful (0 votes)1K views1 page, active There might be affiliate links on this page, which means we get a small commission of anything you buy. 7. The template is editable, so you can change the header text, colors, and layout to suit your preference. 11. You are inspired to keep working toward something because you have a vision of it coming true. The main advantage of this tracker is that you have a quick view of how your goals are progressing. Pastel Colors Goal Planners and Trackers via Bobbi Printables This set of printables comes in pastel blue, pink, purple, and gray. It has 30 checkboxes leading to your goal. Goals change your life. When you set goals, you're working on improving your personal experience. There is also a column for your action plan, with boxes for due dates and checkboxes for when you've completed them. That's why free goal-setting printables—even the simplest designs—are a great help. Year-Long Tracker via Ordinary And Happy This goal tracker allows you to track a goal that takes up to a year to accomplish. Now, let's check out the printables available to you. Each time you set aside that amount, you can mark a coin until you've eventually reached your goal. Track your goals. With the assistance of goal trackers, you can monitor how you're doing. 10. You can determine what your specific goals are by brainstorming or answering pre-set questions that are designed to identify them. Remember, keep your goals S.M.A.R.T. (specific, measurable, achievable, relevant, and time-bound). If you are interested in other goal-setting tools, you might want to check out a couple of posts: Cheers to your success! Finally, if you want to take your goal-setting efforts to the next level, check out this FREE printable worksheet and a step-by-step process that will help you set effective SMART goals. You can use this tracker not just to ensure that you're doing the workouts or following a diet to achieve your desired weight, but also to track: 4. You can indicate a start date and an end date for your goals, and also list the resources you will need to accomplish them, as well as any possible challenges and strategies. Looking for printables to help set and track your goals this year? 9.

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